



Charleston Area (SC)

APRIL, 2019

www.namicharlestonarea.org

<http://www.facebook.com/namicharleston>

Meetings and Events Schedule

NAMI Board Meeting

Board meeting will be held on Monday April 1st at 6:00 PM by Teleconference.

**Tele-Conference Call Number: (605)
472-5337 PIN: 960886#**

First Thursday of the Month

Support: 6:00 PM April 4th.

Family Support Group: Nursery Room 11

Connections: Nursery Room 12

Seacoast Church
750 Long Point Road, Mt. Pleasant

Enter from Long Point Road

Second and Fourth Thursday of the Month

NAMI Connections Support Group
April 11th and 25th: 1:30 to 3:00pm

Berkeley Mental Health Center
403 Stoney Landing Road
Moncks Corner, SC 29461

Second Monday of the Month

Support: 6:00PM-7:15 PM April 8th

Consumer and family member support groups meet.

Seacoast Church (West Ashley)
2049 Savannah Hwy, Suite H, Charleston.

The receptionist inside the main entrance will direct you to the proper room.

Education 7:30-8:30 PM

The education speaker for April is Laura Uminski, Director of Tri-County Crisis Stabilization Center. TCSC is a 10 bed, voluntary, adult crisis unit serving Berkeley, Charleston, and Dorchester counties.

Third Monday of the Month

Support: 6:00 PM April 15th

Consumer and family member support groups meet.

Bethany United Methodist Church
118 West Third South Street, Summerville

Call Toni at 843-870-6506 or email info@namicharlestonarea.org for more info.

NAMI Charleston Area (SC) Newsletter is published monthly by: NAMI Charleston Area (SC), PO Box 2251, Mount Pleasant, SC 29465. Phone (843) 872-5080.

Comments or suggestions for articles may be sent to the editor at pmjroddy@aol.com.
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Website: www.namicharlestonarea.org
 Webmaster: Larry Debevec

NAMI Charleston Area (SC) Board of Directors

Officers

President	Toni Smallwood
Vice President	Kelly Troyer
Treasurer	Robert Taylor
Secretary	Joan Gaetke

LOWCOUNTRY MENTAL HEALTH CONFERENCE

Get your tickets for the 2019 Lowcountry Mental Health Conference August 1st and 2nd.

Please see flyer on page 5 for details.

THE 2019 CRISIS INTERVENTION TRAINING (CIT) SPRING SCHEDULE

May 2-3:	Charleston County Sheriff's Office
May 16-17 :	Charleston PD
August 1-2	Charleston County Sherriff's Office
August 15-16	Al Cannon Detention Center
October 3-4	Charleston County Sherriff's Office
Oct. 10-11	North Charleston PD

If interested in participating in the CIT training please contact Eric Hansen at info@namicharleston.org

MYRTLE BEACH AREA FAMILY SUPPORT GROUP

First Thursday of the Month

Family Support: April 4th: 6-8 PM

Our Lady Star of the Sea Catholic Church

1100 8th Avenue North
 North Myrtle Beach, SC 29582

Facilitators: Ken and Karen (843-281-0245)

AMAZON SMILE

NAMI Charleston AREA will receive a donation when shopping with Amazon Smile and choosing NAMI Charleston Area as your charity of choice.

ANNUAL SPRING PICNIC May 11th

The annual spring picnic will be held May 11th from 12:00 to 3:00pm. Please save the date and join us for food and fun. The picnic will be held at 4 Palmetto Park Road in West Ashley on the grounds of Westover apartments and their community room.
(Please see flyer on page 4)

Smart 911

There is an APP for that!

Smart 911 is a service that Charleston County Consolidated 9-1-1 Center offers to our citizens & guests. Smart911 has added some enhancements related to mental health. Smart911 is a safety profile service that anyone can register on for free.

If a registrant calls or texts 9-1-1 while in a jurisdictional area that is covered by a Public Safety Answering Point, their Smart911 profile populates in the call taker's screen.

By providing first responders with critical information of mental health conditions specific to the individual can help them provide the best response care.

A profile can include residence or current living arrangements, work address, all phone numbers that the registrant may use, medical conditions and symptoms, allergies, emergency contacts, pet information, etc. This information, which may be critical to the response, can be relayed to the responders.

The Smart911 organization has added some more options that better serve the homeless/transient population, individuals with mental health and cognitive conditions and individuals that struggle with substance addiction.

If you would like to learn more about Smart 911 or to register, go to: <https://www.smart911.com/>.

NAMI HOMEFRONT

Registration for NAMI Homefront online is now open!

Homefront is a free, 6-session program for family, friends and significant others of military Service Members and Veterans. The class helps families understand what the Service Member/ Veteran is experiencing related to trauma, combat stress, civilian life transition, PTSD and other mental health conditions.

The program is designed to help family members understand and support their Service Member/Veteran while maintaining their own well-being. NAMI Homefront leaders have personal experience with mental health conditions impacting their Service Member/ Veteran. The class is free but you are expected to attend all six sessions. You must have access to a laptop, PC or tablet with a stable internet connection to participate. To hear audio, you will need to call in via telephone. We recommend you use a headset or headphones.

An application process is required to ensure this program is a good fit. Space is limited.

Learn more about NAMI Homefront, and other NAMI programs, online at www.nami.org. If you have any questions or concerns, please email namieducation@nami.org.

The NAMI Homefront Team

Email: namieducation@nami.org

Phone: 703-524-7600

ANNUAL NAMI CHARLESTON AREA (SC) PICNIC 2019



Join us for a picnic lunch from 12:00 PM to 3:00PM on May 11th at Westover on 4 Palmetto Park Road in Charleston. We will have Publix fried chicken, several side dishes, and yummy desserts.

***Be sure to bring a chair or blanket to sit on.**

**** We will have the picnic rain or shine and will have canopies set up to sit under and have access to the community room at Westover.**

Join Us August 1-2, 2019

- ◆ Experience unique talks from leading experts in the behavioral sciences.
- ◆ Listen to Grammy & Tony award winning singer, **Jennifer Holliday**.
- ◆ Network with more than **1,400 mental health professionals and 80+ businesses**.
- ◆ Earn up to **14.25 professional contact hours**.
- ◆ And so much more!

Featuring
Live Musical Performances!



Folk, Rock & Country Band
Wild Ponies



Grammy & Tony Award Winner
Jennifer Holliday

www.lowcountrymhconference.com

REGISTRATION (* Denotes a required field)

* Name _____
(As you would like it to appear on your conference badge)

* Email _____

Phone _____

* City _____ *State _____

* Professional Affiliation (e.g., LPC, MD, LMSW) _____

Organization/Company _____

* DMH Employee: Y ___ N ___ DMH Center/Hospital _____

* Full Conference ___ Aug 1st Only ___ Aug 2nd Only ___

Coupon Code _____

Please mail completed registration form & check to:

Lowcountry Mental Health Conference
Mental Health Heroes, PMB 102
2245 C Ashley Crossing Drive
Charleston, SC 29414

Make checks payable to: **Mental Health Heroes**

CONFERENCE RATES (Circle Your Choice)

Early Bird Pricing - Through March 31, 2019

Mental Health Professionals (for CEU registrants)
Counselor, MFT, Social Worker, Psychologist, Nursing, Educator, Attorney

- ◆ **\$199** Registration Rate (Includes all talks & performances)
- ◆ **\$130** One-Day Rate (Includes all activities that day)

M.D.'s & D.O.'s (for CME registrants)

- ◆ **\$259** Registration Rate (Includes all talks & performances)
- ◆ **\$174** One-Day Rate (Includes all activities that day)

Students (No CEUs)

- ◆ **\$89** Registration Rate (Includes all talks & performances)
- ◆ **\$50** One-Day Rate (Includes all activities that day)

Community Members (No CEUs)

- ◆ **\$59** Registration Rate (Includes all talks & performances)
- ◆ **\$40** One-Day Rate (Includes all activities that day)

Special Packages (Includes CEUs)

- ◆ **\$55** James Hollis, Ph.D. (3 talks on August 2nd)



Charleston Area (SC)

Application for Membership Includes membership to National NAMI organization, NAMI SC, and NAMI Charleston Area (SC).

Please make check payable to **NAMI Charleston Area (SC)** and mail to the address shown below. **If you prefer you may utilize the secure website at www.nami.org.**

Please check one of the following: Household \$60.00 Individual \$40.00 Open Door* \$5.00

*Annual membership fee for individual/families/consumers with limited means.

I am a: Family member Sibling Parent New Member
 Consumer Spouse Professional Renewing Member

Name _____ Organization _____

Address _____

City/State/Zip _____

Home Phone (_____) _____ Work Phone (_____) _____

Email Address _____



PO Box 2251

Mt. Pleasant, SC 29465

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