



Charleston Area (SC)

MENTAL HEALTH RESOURCE GUIDE

**(Berkeley, Charleston, Dorchester, Georgetown, and
Horry Counties)**

Compiled by NAMI SC and NAMI CHARLESTON AREA

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Crisis/Suicide Resources

American Foundation for Suicide Prevention	Suicide resources, resources for mental health and COVID-19	(800) 273-8255 Text: TALK to 741741	https://afsp.org/
Black River United Way - Georgetown County	Crisis and Emergency resource information	Call, text, or chat 211 from a local number or call (866) 892-9211	http://blackriveruw.org/
South Carolina Community Crisis Response and Intervention (SCDMH)	Crisis on-site emergency psychiatric screening and assessment	(833) 364-2274	https://scdmh.net/dmh-components/community-mental-health-services/programs/community-crisis-response-intervention/
Crisis Text Line		Text "HOME" to 741741	
Deaf, Hard of Hearing, Hearing Loss Suicide Hotline	Hotline for depressed individuals, going through a hard time, or thinking about suicide	711 then (800) 799-4889	https://suicidepreventionlifeline.org/help-yourself/for-deaf-hard-of-hearing/#:~:text=Online%20chat%20%E2%80%93%20Click%20the%20Chat,%E2%80%93%20Dial%20800%2D273%2D8255
Doors to Freedom Summerville, SC	Residential facility for survivors of sex trafficking, educational plan	(843) 879-3924	https://www.doorstofreedom.com/
East Cooper Community Outreach Mt. Pleasant, SC	Provides food and clothing, dental, medical, prescription assistance, financial assistance, empowerment, and household furnishings	(843) 849-9220	https://eccocharleston.org/
Family Justice Center Georgetown, SC Myrtle Beach, SC	Provides services to victims of domestic violence in Georgetown and Horry counties. Services include safe house/shelter services, court advocacy, law services, case management, counseling, support groups, parenting classes. All services are free and confidential.	(843) 546-3926 (Georgetown) (843) 436-3733 (Local Crisis Hotline) (844) 208-0161 (Toll-Free Hotline) (843) 445-2583 (Myrtle Beach)	https://www.fjctownhorry.org/
Grief & Suicide Support Group Pawleys Island, SC	Support group		https://www.facebook.com/GriefSupportYouthGroupPI
LGBT National Hotline	Provide peer-support, information, and local resources for all ages of the LGBTQ community	(888) 843-4564	https://www.glbthotline.org/
Lifeline Crisis Chat	Provide online emotional support, crisis intervention, and suicide prevention services		http://www.contact-usa.org/chat.html
My Sister's House North Charleston, SC	Domestic Abuse Shelter	(800) 273-4673 (843) 747-4069	https://www.mysistershouse.org/
National Domestic Violence Hotline	Support, advice, and connections to a safe place for anyone	(800) 799-7233	

	experiencing domestic or relationship-based violence		
National Hopeline Network	Suicide and crisis hotline	(800) 784-2433	
National Sexual Assault Hotline	Support, assistance, and advice for when you or someone you care about has experienced sexual assault or harassment	(800) 656-4673	
National Suicide Prevention Lifeline	For individuals in distress, prevention, and crisis resources	(800) 273-8255	https://suicidepreventionlifeline.org/
One80 Place Crisis Line <i>Charleston, SC</i>	For individuals in danger of becoming homeless or homeless	(843) 737-8357	https://one80place.org/get-help/
People Against Rape <i>Charleston, SC</i>	Sexual assault advocacy offering support and services for survivors of sexual assault	(843) 745-0144	http://www.peopleagainstrape.org/
Rape Crisis Center <i>Georgetown and Horry Counties</i>	Services include: 24-hour crisis counseling, victim advocacy, legal assistance, case management, information and referral, support groups, and children's services.	(843) 448-7273 (Hotline) (843) 448-3180 (Myrtle Beach) (843) 545-5198 (Georgetown)	http://victimtosurvivor.org/
Suicide Hotline – <i>North Charleston, SC</i>	Suicide hotline	(843) 744-4357 (800) 922-2283	
Suicide Prevention Lifeline (Para Español)	Suicide hotline	(888) 628-9454	
Suicide Prevention Resource Center	Suicide educational resources and programs		http://www.sprc.org/
TeenLine	Hotline for teens staffed by teen volunteers for crisis intervention and information about local and national resources	(843) 747-8336 (800) 273-8255 (statewide)	
Trans Lifeline	Hotline for Transgender individuals	(877) 565-8860	www.translife.org
Trevor Project for LGBT Youth	Crisis intervention and suicide prevention	(866) 488-7386	www.thetrevorproject.org
Tricounty Family Ministries <i>North Charleston, SC</i>	Provides food, clothing, medical care, counseling, job placement, shelter, financial assistance	(843) 747-1788	https://www.tricountyfamilyministries.org/
United Way Association of South Carolina	Veteran services, food, housing and utilities, clothing and household, transportation, legal and public safety, employment, income support, mental health and substance use, health care, individual and family support, senior services, disability, inmate and re-entry, government/regulation/public services, LGBTQ, runaway children and youth, suicide and crisis, youth	Call, text, or chat 211 from a local number or call (803) 929-1000	https://www.uwasc.org/
Veterans Crisis Line	Helps veterans of all ages and circumstances	Text: 838255 (800) 273-8255, press 1	https://www.veteranscrisisline.net/

Victim Services - Goose Creek Police Department	Provides help to victims of violent and domestic crimes	(843) 863-5200 ext. 2340	https://www.cityofgoosecreek.com/government/departments/police/special-services-and-programs/victim-services
Victim Services Unit - Mt. Pleasant Police Department	Provide support and encouragement to all victims of crime. Victimization include adult, child, domestic violence, harassment, homicide, physical injury, and sexual assault	(843) 856-2189 (Victim Advocate) (843) 849-3003 (Senior Victim Advocate)	http://sc-mountpleasant.civicplus.com/188/Victim-Services-Unit

Inpatient Services

Aurora Pavilion Behavioral Health Services <i>Aiken, SC</i>	Adult Psychiatric, Adult Substance Use Disorder, Child and Adolescent	(803) 641-5900 (800) 273-7911	https://www.aikenregional.com/services/behavioral-health-services
Benjamin's Way <i>North Charleston, SC</i>	Men's recovery program (drug and alcohol)	(800)560-7143 ext. 2	https://risingwinds.org/
Carolina House: Center for Eating Disorder Treatment <i>Durham, NC</i>	Adult (age 17 and older)	(877) 215-6078	https://www.carolinaeatingdisorders.com/
Excalibur Youth Services, LLC. /Avalonia Group Homes, Inc. <i>Simpsonville, SC</i>	Child & Adolescent (ages 5-21)	(864) 836-7220	http://www.recoverouryouth.org/programs/excalibur/
G Werber Bryan Psychiatric Hospital <i>Columbia, SC</i>	Adult (age 17 and older)	(803) 935-7143	https://scdmh.net/contact/hospitals/
Generations Group Homes, Inc. <i>Fountain Inn, SC</i>	Adolescent males with sexual behavior problems	(864) 243-5557	https://generationsgroup.com/programs/
Lighthouse Behavioral Health Hospital <i>Conway, SC</i>	Seniors, adults & Adolescent (12-17) programs, dual-diagnosis treatment for adults, provides inpatient, residential and group home services.	(843) 284-7207	https://lighthousebehavioral.com/treatments-services/
Lowcountry Transitions @Trident Medical Center <i>Charleston, SC</i>	Adult (age 18 and up)	(843) 900-5000	https://tridenthealthsystem.com/service/behavioral-health
Morris Village Alcohol & Drug Addiction Treatment Center <i>Columbia, SC</i>	Adult (age 18 and up), Chemical Dependency & Detoxification	(803) 935-7100	http://www.state.sc.us/dmh/morrisvillage/services.html
MUSC Health Institute of Psychiatry <i>Charleston, SC</i>	Child & Adolescent (ages 5-17), Adult, Drug & Alcohol, & Seniors	(803) 792-9888	https://muschealth.org/medical-services/psychiatry
New Hope Carolinas <i>Rock Hill, SC</i>	Adolescent (ages 12-21)	(800) 776-6482 (877) 328-9300	http://www.newhopetreatment.com/services/new-hope-carolinas/
Palmetto Lowcountry Behavioral Health <i>North Charleston, SC</i>	Adolescent (ages 12-17), Adult, Military Personnel, & Seniors	(843) 747-5830	https://palmettobehavioralhealth.com/treatment-services/
Palmetto Summerville Behavioral Health	Child & Adolescent (ages 7-18)	(843) 851-5015 (833) 233-254	https://palmettosummerville.com/programs-and-services/inpatient/

<i>Summerville, SC</i>			
Patrick B. Harris Psychiatric Hospital <i>Anderson, SC</i>	Adult	(864) 231-2600	http://www.patrickbharris.com/services.html
Pinelands Group Homes <i>Summerville, SC</i>	Male and Female (ages 11-21), Group Care Intensive Services	(843) 851-0079	http://pinelandsgrouphome.com/home
Prima Health- Richland Springs <i>Columbia, SC</i>	Adult, Chemical Dependency & Dual Diagnosis	(803) 434-7000	https://www.palmettohealth.org/medical-services/behavioral-care/inpatient-programs/inpatient-visitor-information
Prisma Health (Formerly Greenville Health System) <i>Greenville, SC</i>	Child & Adolescent (ages 6-17), Adult, Geriatric	(877) 447-4636	https://www.palmettohealth.org/medical-services/behavioral-care/inpatient-programs/inpatient-visitor-information
Prisma Health Baptist Hospital <i>Columbia, SC</i>	Child & Adolescent (5-18), Adult, Chemical Dependency	(803) 296-5010	https://www.palmettohealth.org/locations-directions/hospitals/baptist
Rebound Behavioral Health Hospital <i>Lancaster, SC</i>	Adult (18 and up)	(866) 945-4137	https://www.reboundbehavioralhealth.com/programs/inpatient/
Regional Medical Center - Behavioral Health Center <i>Orangeburg, SC</i>	Adult inpatient psychiatric care	(803) 395-2830 (800) 476-3377. Ext. 2830	https://www.trmchealth.org/services/psychiatric-care-inpatient/
South Strand Medical Center <i>Myrtle Beach, SC</i>	20 bed adult inpatient unit, partial hospitalization program for 18 and older	(843) 692-1000	https://mygrandstrandhealth.com/service/behavioral-health
Springbrook Autism Behavioral Health <i>Travelers Rest, SC</i>	Child & Adolescent (5-21) for Autism	(864) 834-8013	https://springbrookautismbehavioral.com/
Tapestry Adolescent Program – Fletcher, NC	Adolescent (ages 11-17) for eating disorder	(844) 299-1343	https://www.tapestrync.com/treatment/adult-treatment/
Tapestry Adult Program – Asheville, NC	Adult, Eating disorder	(828) 373-8661	https://www.tapestrync.com/facilities/asheville/
Tapestry Adult Program – Brevard, NC	Adult women, Eating disorder	(828) 373-8343	https://www.tapestrync.com/facilities/brevard/
The Carolina Center for Behavioral Health <i>Greer, SC</i>	Adult, Eating disorder	(864) 235-2335	https://thecarolinacenter.com/
Three Rivers Behavior Health <i>West Columbia, SC</i>	Adolescents/Teen (ages 11-17), Adults, Military/First Responders	(803) 796-9911	https://threeriversbehavioral.org/programs-services/
Three Rivers Behavior Health – Midlands <i>West Columbia, SC</i>	Child & Adolescent (ages 6-21)	(803) 791-9918	https://threeriversmidlands.org/programs-services/residential-services/
Tri-County Crisis Stabilization Center (Berkeley, Charleston, & Dorchester counties) <i>Charleston, SC</i>	Adult Crisis, Voluntary	(843) 414-2350	https://www.charlestondorchesterhc.org/services/tri-county-crisis-stabilization-center/
William S. Hall Psychiatric Institute <i>Columbia, SC</i>	Child & Adolescent	(803) 389-1662	https://scaccess.communityos.org/zf/profile/agency/id/394891

Willowglen Academy (Broadstep) - PRTF <i>Kingstree, SC</i>	Child & Adolescent (ages 6-20)	(843) 201-4888	http://academy.broadstep.com/residential-services
Windwood Farm Home for Children <i>Awendaw, SC</i>	Boys (ages 6-16)	(843) 884-5342	https://windwoodfarm.org/farm-resources/services/

Outpatient Services

Barnabas Horse Foundation <i>Georgetown and Horry Counties</i>	Horse-assisted therapy for children who have experienced trauma, women who have been raped/in crisis, veterans with PTSD, and adults and children with special needs	(843) 241-3331	http://www.barnabashorse.org/
Berkeley Community Mental Health Center <i>Moncks Corner, SC</i>	Child & Adolescent, Adult & Family programs, Crisis Intervention, Consultation, Education & Prevention	(843) 761-8282 (888) 202-1381 (800) 647-2066	https://www.berkeyleymentalhealth.org/
Charleston Dorchester Mental Health Center-Charleston <i>Charleston, SC</i>	Adolescent, Children, Adult & Family, Emergency, Tri-County Crisis Stabilization, Outpatient Therapy (Individual, Group, and Family Counsel, Psychiatry & Med Clinic), Dual Diagnosis	(843) 852-4100 (843) 414-2350 (Mobile Crisis/Assessment) (800) 613-8379 (Emergency)	https://www.charlestondorchestermentalhealth.org/
Charleston Dorchester Mental Health Center - NAVIGATE/New Directions <i>Charleston, SC</i>	Treatment and intensive support to individuals who experienced their first episode of psychosis in the past two years or prescribed an antipsychotic medication regimen in the last two years	(843) 852-4100 ext. 256	https://www.charlestondorchestermentalhealth.org/services/special-programs/
Charleston Dorchester Mental Health Center <i>Summerville, SC</i>	Adolescent, Children, Adult & Family, Emergency, Outpatient Therapy (Individual, Group, and Family Counsel, Psychiatry & Med Clinic), Dual Diagnosis	(843) 873-5063	https://www.charlestondorchestermentalhealth.org/about/dorchester-clinic/
Healthcare Partners of South Carolina <i>Conway, SC</i>	Mental health and substance use counseling	(843) 248-4700	https://hcpsc.org/services/
Little River Medical Center (several locations) <i>Myrtle Beach, Loris, Little River, SC</i>	Behavioral Health team offers assistance with depression, anxiety, panic disorders, anger, abuse, family violence, and stress.	(843) 663-8000	https://www.lrmcenter.com/
Lowcountry Firefighter Support Team <i>North Charleston, SC</i>	Counseling programs to Lowcountry firefighters and first responders	(843) 609-8300	https://firefightersupport.org/
Lowcountry Transitions @ Trident Medical Center <i>Charleston, SC</i>	Adult Partial Hospitalization (PHP), Intensive Outpatient (IOP)	(843) 900-5000	https://tridenthealthsystem.com/service/behavioral-health
MUSC Health Institute of Psychiatry <i>Charleston, SC</i>	Adult Outpatient, Behavioral Medicine Clinic, Geriatric Outpatient Clinic, Center for Drug & Alcohol Programs	(843) 792-9888	https://muschealth.org/medical-services/psychiatry

	(CDAP), Forensic Psychiatry, MUSC ReVisions Intensive Outpatient Clinic, Partial Hospitalization		
Palmetto Lowcountry Behavioral Health <i>North Charleston, SC</i>	Child, Adolescent, Adult & Family	(843) 747-5830	https://palmettobehavioralhealth.com/
Palmetto Summerville Behavioral Health <i>Summerville, SC</i>	Child & Adolescent (ages 7-17), Partial Hospitalization, Family Crisis Stabilization, Children of military families (ages 7-18)	(843) 851-5015	https://palmettosummerville.com/
Roper St. Francis Physician Partners Behavioral Medicine <i>Charleston, SC</i>	Mental health diagnosis and treatment	(843) 958-2555	https://www.rsfh.com/partners/behavioral-medicine/
South Carolina Department of Alcohol and Other Drug Abuse Services	Prevention, Treatment, Recovery, and Training resources	(803) 896-5555	https://www.daodas.sc.gov/
South Strand Medical Center <i>Myrtle Beach, SC</i>	Intensive outpatient services for 18 and older: therapeutic groups which focus on providing peer support and accountability, teaching skills and assisting them in achieving personal goals.	(843) 692-1000	https://mygrandstrandhealth.com/service/behavioral-health
The Center for Counseling and Wellness <i>North Myrtle Beach, SC</i> <i>Loris, SC</i> <i>Myrtle Beach, SC</i>	Mental health and addiction counseling center	(843) 663-0770	https://www.thecenter4counseling.com/
The Ernest E. Kennedy Center <i>Moncks Corner, SC</i> <i>Goose Creek, SC</i>	Youth & Adult, Outpatient counseling, Intensive Outpatient	(843) 761-8272 (Moncks Corner) (843) 797-7871 (Goose Creek)	http://www.ekcenter.org/
Think Boxing	Boxing training to foster balanced brain regulation (depression, ADHD, stress management, etc.)	(843) 568-8796	https://www.thinkboxing.co/
Turning Leaf Project <i>Charleston, SC</i>	Help men stay out of prison: Group therapy, transitional employment, job placement	(843) 297-4980	https://www.turningleafproject.com/
Waccamaw Center for Mental Health <i>Georgetown, SC</i>	Adult Outpatient, Child Outpatient Treatment, Emergency/Crisis, Housing/Homeless Outreach, Peer Support Services, Care Coordination, Individual Placement Support	(843) 546-6107	https://scdmh.net/waccamaw-community-mental-health-center/
Waccamaw Center for Mental Health <i>Conway, SC</i>	Outpatient therapy, psychiatric evaluation, supportive group therapy, nursing services, and medication management to adults, adolescents, children and their families.	(843) 347-4888	https://scdmh.net/waccamaw-community-mental-health-center/

Waccamaw Center for Mental Health-South Strand Clinic <i>Myrtle Beach, SC</i>	Outpatient therapy, psychiatric evaluation, supportive group therapy, nursing services, and medication management to adults, adolescents, children and their families.	(843) 492-2795	https://scdmh.net/waccamaw-community-mental-health-center/
Windwood Family Services <i>Mt. Pleasant, SC</i>	Outpatient and Community-Based Prevention	(843) 884-0025	https://windwoodfamilyservices.org/

Adolescents/Children

Autism Family Education Fund, Inc.	Scholarships for families with children diagnosed with Autism Spectrum Disorders (ASD) and/or other developmental disabilities		https://autismfef.org/
Family Connection of South Carolina	Support to parents who have children with asthma, families of children with disabilities (birth to age 26), healthcare team, connect Latino families, parent support programs, NICU support, training programs	(800) 578-8750 Para Español- (888) 808-7462	https://www.familyconnectionsc.org/
Family Resource Center for Disabilities and Special Needs <i>Charleston, SC</i>	Education, advocacy, and outreach for individuals with disabilities and special needs, their families, and their communities	(843) 266-1318	https://frcdsn.org/
Federation of Families of South Carolina	Parent peer support, youth peer support	(803) 772-5210 (866) 779-0402	https://fedfamsc.org/
First Steps - South Carolina <i>Charleston and Berkeley Counties</i>	Individualized support and resources for SC early learners and their families	(843) 745-0237 <i>(Charleston)</i> (843) 863-3030 <i>(Berkeley)</i>	https://scfirststeps.org/
Florence Crittenton Programs of SC	Residential program for Pregnant Teens, Group Home for Girls in Foster Care, Housing Support for Young Mothers	(843) 722-7526	https://www.florencecrittentonsc.org/
Justice Works Behavioral Care <i>Charleston, SC</i> <i>North Charleston, SC</i>	Behavioral health services to children, teens, and families	(843) 974-5934	https://www.justiceworksyouthcare.com/
Juvenile Bipolar Research Foundation	Research, education and outreach for children and families suffering from bipolar disorder and fear of harm	(914) 468-1297	https://www.jbrf.org/
Kids Outdoor Wellness Groups <i>Charleston, Berkeley, Dorchester Counties</i>	Help children, ages 7 to 12, develop social emotional learning skills through experiential activities and group games in outdoor environment.	(843) 367-1044	Email: scwaves4women@gmail.com

NAMI South Carolina	Ending the Silence education presentations for students, parents, and teachers to recognize mental health symptoms and next steps to take	(803) 733-9591	https://namisc.org/
PRO- Parents of South Carolina	Help parents and guardian understand services that children with special needs should be offered in the public-school system	(803) 772-5688 (800) 759-4776	https://www.facebook.com/PRO-Parents-of-South-Carolina-229608965502/
Project Rex - MUSC Autism Spectrum <i>Charleston, SC</i>	Helps children with autism and their loved ones by providing support and treatment	(843) 792-9162	https://www.projectrex.org/
SOS Healthcare <i>Myrtle Beach</i>	Provides services for children, teens and young adults with autism and their families, including Applied Behavior Analysis (ABA) therapy, camps, and mentoring programs.	(843) 449-0554	https://scautismhelp.com
South Carolina Continuum of Care <i>North Charleston, SC</i>	Wraparound care- helps families reach their vision for the future	(843) 569-3079	http://coc.sc.gov/index.html
South Carolina Department of Mental Health - Child, Adolescent, and Family Services (CAF)	Provides mental and behavioral health services to children and their families within their community when needed	(803) 898-8348	https://scdmh.net/dmh-components/administration/child-adolescent-and-family-services-caf/
South Carolina Infant Mental Health Association (SCIMHA) <i>Charleston, SC</i>	Promote nurturing relationship for infants, young children, and their families through resources, policies, and practices to foster healthy social-emotional development and well-being		https://www.scimha.org/
South Carolina PASOS <i>Berkeley, Charleston, Dorchester, Georgetown Counties</i>	Supporting Latino communities through education, advocacy, and leadership development. Connections for Child Development PASOs Health Connections Pediatric Literacy Program	843-459-3538	https://www.scpasos.org/
South Carolina Youth Advocate Program <i>North Charleston, SC</i>	Foster care program, community-based services, mental health services	(800) 882-5513 (843) 767-1601 (N. Charleston)	https://www.scyap.com/
The Trevor Project for LGBTQ Youth	Crisis intervention and suicide prevention to lesbian, gay, bisexual, transgender, queer & questioning (LGBTQ) young people under 25	(866) 488-7386 Text "START" to 678-678	https://www.thetrevorproject.org/

Wrightslaw Special Education Law and Advocacy	Reliable information about special education law, education law, and advocacy for children with disabilities		https://www.wrightslaw.com/
Youth Mental Health First Aid (Healthy Learners) <i>Georgetown, SC</i>	Teach parents, family members, caregivers, teachers, school staff, & peers how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis	(803) 530-0753	https://healthylearners.com/what-we-do/yhfha/
Youth Volunteer Corps <i>Charleston, SC</i>	Volunteer opportunities to local youth (ages 11-18)	(843) 965-4190	https://yvcharleston.wixsite.com/yvcharleston/home

Employment Resources

Able SC	Ticket to Work/Work incentives, Hire Me SC, SC Disability Employment Coalition, SC Employment First Initiative, Able to Work: Work Incentives Planning and Assistance (WIPA)	(803) 779-5121 (800) 681-6805 (803) 779-0949 (TDD)	https://www.able-sc.org/
Berkeley Community Mental Health Center <i>Moncks Corner, SC</i>	Individual Placement Support (IPS)	(843) 761-8282 (888) 202-1381 (800) 647-2066 (TTY)	https://www.berkeleymentalhealth.org/
Charleston Dorchester Mental Health Center <i>Charleston, SC</i> <i>Summerville, SC</i>	Individual Placement Support (IPS)	(843) 852-4100 (Charleston) (843) 873-5063 (Dorchester) (800) 647-2066 (TTY) (803) 807-2701 (Videophone) (844) 698-1960 (Language Assistance)	https://www.charlestdorchestermentalhealth.org/
Job Accommodation Network (JAN)	One-on-one guidance on workplace accommodations, self-employment, and entrepreneurship for people with disabilities	(800) 526-7234 (800) 232-9675 (877) 781-9403 (TTY) (304) 216-8189 (Text)	https://askjan.org/
Office of Disability Employment Policy	Offers resources for workers with disabilities and helps employers understand their protections and obligations under the law	(866) 633-7365 (202) 693-7880 (866) 487-2365	https://www.dol.gov/odep
Palmetto Goodwill - Ticket to Work <i>Headquarters-North</i> <i>Charleston, SC</i>	Employment program designed to provide Social Security disability beneficiaries the choice, opportunity, and support they	(843) 566-0072 (888) 560-0072 (Toll-free)	https://palmettogoodwill.org/services/ticket/

	need to enter the workforce and maintain employment		
Social Security Administration - Ticket to Work	Employment support services	(866) 968-7842 (866) 833-2967 (TTY)	https://choosework.ssa.gov/index.html
South Carolina Department of Mental Health (SCDMH) Client Employment Program	Individual Placement Support (IPS) Employment Programs	(803) 898-4275	http://www.state.sc.us/dmh/consumer_employment.htm
South Carolina Protection & Advocacy for People with Disabilities	Employment fact sheets and brochures	(866) 275-7273 (803) 782-0639 (866) 232-4525 (TTY)	https://www.pandasc.org/
South Carolina Vocational Rehabilitation <i>North Charleston, SC Moncks Corner, SC</i>	Job Readiness Classes, Hands-on Demand Driven Training, Job search, job retention services,	(800) 832-7526 (Toll-free) (803) 896-6553 (TTY)	https://scvrd.net/
U.S. Equal Employment Opportunity Commission	Mental Health - Legal Rights	(800) 669-4000	https://www.eeoc.gov/laws/guidance/depression-ptsd-other-mental-health-conditions-workplace-your-legal-rights

Family Member/Caregiver Resources

Administration on Aging	Caregiver support	(202) 619-0724	www.aoa.gov
Caregiver Action Network	Caregiver resources - videos, stories, forums,	(855) 227-3640	https://caregiveraction.org/
Caregiver Coalition of the Midlands	Caregiver support	(803) 744-8615	
Caregivers Connection		(843) 883-3888	
Eldercare Locator	Information and resources for caregivers	(800) 677-1116	https://eldercare.acl.gov/Public/Index.aspx/
Family Caregiver Alliance - National Center on Caregiving	Caregiver education		https://www.caregiver.org/
Family Caregiver Alliance Support Program - State HQ	Caregiver support	(803) 734-9900 (800) 868-9095	https://www.getcaresc.com/guide/caregiver-support
Lowcountry Area on Aging (AAA)	Family Caregiver Support	(843) 473-3991 (877) 846-8148	http://www.lowcountrycog.org/aging_and_disability_resources/our_programs/index.php
Medline Plus	Caregivers information		https://medlineplus.gov/caregivers.html
NAMI	NAMI Family Support Group, NAMI HelpLine, NAMI Family-to-Family, NAMI Family & Friends, NAMI Homefront, NAMI Basics on Demand	(800) 950-6264	https://www.nami.org/Your-Journey/Family-Members-and-Caregivers

NAMI Charleston Area	NAMI Family-to-Family, NAMI Basics classes and NAMI Family Support Groups	(843) 870-6506	https://namicharlestonarea.org/
NAMI South Carolina	NAMI Ending the Silence for Parents, NAMI Family-to-Family, NAMI Basics, NAMI Family Support Group	(800) 788-5131	https://namisc.org/
National Institute on Aging	Caregiving information		https://www.nia.nih.gov/health/caregiving
National Organization for Empowering Caregivers	Caregiver resources	(212) 807-1204	www.nofec.org
Next Step in Care	Guides and Checklists for Family Caregivers		https://www.nextstepincare.org/Caregiver_Home/
SC Respite Coalition	Family Caregiver Support Program, Regional Family Caregiver Support Program, Caregiver weblink resources	(803) 935-5027 (Columbia) (866) 345-6786 (Toll-free)	http://www.screstitecoalition.org/
U.S. Department of Veteran Affairs - Coaching into Care	Free coaching calls	(888) 823-7458	https://www.mirecc.va.gov/coaching/
VA Caregiver Support	Caregiver support line (resource/referral center), blog, handouts, monthly education presentations	(855) 260-3274 (Toll-free) (843) 789-7959 (Charleston) (803) 695-6777 (Columbia)	https://www.caregiver.va.gov/
Women's Institute for a Secure Retirement (WISER)	Caregiver financial resources		https://www.wiserwomen.org/category/resources/caregiving-resources/

Disability Resources

Able SC	Peer counseling, advocacy, information and referral, independent living skills training, and adult enrichment education	(803) 779-5121 (803) 779-0949 (TTD) (800) 681-6805 (Toll-Free)	https://www.able-sc.org/
GetCareSC	Service guides for caregivers, seniors & adults with disabilities, service provider search, facility locator	(800) 868-9095 (Toll-free)	https://www.getcaresc.com
Mental Health America of South Carolina	Advocacy, education, service-client support, housing, representative payee services	(803) 779-5363	http://www.mha-sc.org/
Mental Illness Recovery Center (MIRCI)	Representative payee program, supportive housing program, benefits assistance, homebased program, homeless outreach program, behavioral healthcare, psychiatrists and assertive community treatment team services, youth drop-in center	(803) 939-2642	https://www.mirci.org/

Protection and Advocacy for Individuals with Mental Illness	Services for individuals with mental illness (adults) and emotional impairments (children/youth) at risk for, or in danger of abuse, neglect, and rights violations while residing in public or private residential treatment facilities	(877) 726-4727	https://www.benefits.gov/benefits/774
Protection and Advocacy for People with Disabilities	Information & referrals, training, abuse & neglect investigation, legal representation, and advocacy for change	(866) 275-7273 (803) 782-0639 (Columbia) (866) 232-4525 (TTY)	https://www.pandasc.org/
SC Share	Advocacy, Education, Recovery Support (support groups)	(803) 739-5712	https://www.scsshare.com/
Social Security Disability (SSI/SSDI)	Help people with disabilities - social security disability insurance, supplemental security income	(800) 772-1213 (Toll-free) (800) 325-0778 (TTY) (866) 495-0111 (Charleston)	ssa.gov
South Carolina Department of Mental Health - Patient Advocacy	Prevent rights violations, advocate the provision of quality of care in a humane environment, and review, investigate, and resolve rights complaints or issues	(803) 898-8557 (Columbia) (866) 300-9330 (Toll-free)	https://scdmh.net/patients_families/patient-advocacy-2/
South Carolina Legal Services <i>North Charleston, SC</i>	Cases SCLC handle: consumer/finance, education, elder law, employment, family, health, housing, income maintenance/public benefits, immigration/migrant, and tax	(888) 346-5592 (843) 720-7044 (N. Charleston)	https://sclegal.org/contact-us/
United Way	Disability information and resource centers, home accessibility and ramp construction, assistive technology (hearing aids, visual aids, mobility aids, etc.), transportation to medical appointments, adult day programs, social security disability insurance information, caregiver support and respite care	(843) 740-9000 (N. Charleston) (843) 546-6317 (Georgetown) 2-1-1 (866) 892-9211 (Toll-free)	https://www.unitedway.org/

Housing Resources

Ansonborough Housing Corporation <i>Charleston, SC</i>	Senior low-income housing	(843) 723-8613	
Ashley Arms Apartments <i>Charleston, SC</i>	Low income housing	(843) 619-3944	
Berkeley Community Mental Health Center <i>Moncks Corner, SC</i>	Housing/homeless outreach	(843) 761-8282 (888) 202-1381 (Toll-free) (800) 647-2066 (TTY)	https://www.berkeleymentalhealth.org/

Boone West Apartments <i>Summerville, SC</i>	Low income housing - Disabled	(843) 851-3241	
Bridgeview Village Apartments <i>Charleston, SC</i>	Low income housing	(843) 723-6543	
Cedarwood Apartments <i>St. George, SC</i>	Senior low-income housing	(843) 563-9572	https://spm.net/south-carolina/details/2/26/south-carolina-cedarwood-apartments
Canebreak, A Limited Partnership <i>Summerville, SC</i>	Low income housing	(843) 873-0435	
Canterbury House East <i>Charleston, SC</i>	Senior low-income housing	(843) 723-5553	http://canterburyhousesc.org/Home_Page.html
Charleston Area Community Development <i>North Charleston, SC</i>	First time homebuyer programs and general housing aid	(843) 747-3311	
Charleston County Housing and Redevelopment Authority <i>Charleston, SC</i>	Housing Choice Voucher Program, Public Housing	(843) 722-1942	http://cchra.net/
Charleston Dorchester Mental Health Center <i>Charleston, SC</i>	Homeshare- Integrates psychiatrically disabled adults into community households	(843) 852-4100 (Charleston) (843) 873-5063 (Summerville)	https://www.charlestdorchesterermhc.org/
Charleston Urban League <i>Charleston, SC</i>	Rental Assistance, First-Time Home Buyers Program, Homeless Prevention Program	(843) 769-8173 (843) 766-6427 (Fair Housing Hotline)	https://www.ctul.org/
City of Charleston Housing Authority <i>Charleston, SC</i>	Rental Assistance Demonstration (RAD) , Housing Choice Vouchers	(843) 723-4491 (HCV Program) (843) 720-3984 (Public Housing Program) (843) 720-3970 (Administration)	https://www.chacity.org/housing-assistance.cfm
Department of Housing and Urban Development	Subsidized apartments, public housing, and housing choice vouchers	(803) 253-3292 (803) 765-5592	https://www.hud.gov/states/south_carolina
Dorchester Village <i>St. George, SC</i>	Senior low-income housing	(803) 563-2915	
Eastern Carolina Housing Organization <i>Myrtle Beach, SC</i>	Transitional housing, short-term housing, long-term housing, Veteran housing	(843)213-1798	https://echousing.org/
EME Apartments, Inc. <i>Charleston, SC</i>	Low income housing	(843) 795-5220	https://www.sdmcinc.com/index.php?module=Properties&page=property.php&id=4700
Fairwinds Apartments <i>Charleston, SC</i>	Low income housing	(843) 797-3276	https://www.darbydevelopment.com/profile-contact.asp?AID=22483
Filbin Creek Apartments <i>North Charleston, SC</i>	Low income housing	(803) 808-3966	http://sdmcinc.com/index.php?module=Properties&page=property.php&id=5100
Georgetown Housing Authority <i>Georgetown, SC</i>	Public housing and housing choice voucher	(843) 546-9621	https://www.gtownhousing.org/
Grand Oak Apartments <i>Charleston, SC</i>	Low income/subsidized housing	(843) 571-5225	

Greentree North Apartments <i>North Charleston, SC</i>	Low income housing	(843) 800-2067	https://www.greentreenorth.com/
Happy Homes, Inc <i>Summerville, SC.</i>	Low income housing	(843) 821-2877	
Haven Oaks Apartments <i>Summerville, SC</i>	Apartments	(843) 875-1890 (843) 535-0484	https://www.havenoaksapartments.com/
Healing Properties, Inc. (Disabled Homeless) <i>Columbia, SC</i>	Provides placement of disabled homeless people in permanent supportive housing	(803) 351-4412	https://sc211.org/index.php?option=com_cpx&task=resource.view&id=1569608&search_history_id=97502496&code=BH-8400.3000
Horry County Disabilities and Special Needs	Provides a variety of residential programs with different levels of support and activities, such as skills training or 24-hour support.	(843) 347-3010	https://hcdsn.org/home/residential-support/
Humanities Foundation Mt. Pleasant, SC	Affordable housing	(843) 856-4120	https://humanitiesfoundation.org/
Humanities Foundation - ShelterNet	Assistance with rent, rental security deposits, mortgage payments, utilities, utility deposits	(843) 284-5154 (843) 284-5109	https://humanitiesfoundation.org/what-we-do/shelternet/
Johns Island Rural Housing	Senior low income housing	(843) 559-3359	https://scaccess.communityos.org/zf/profile/program/id/448942
Joseph Paul Apartments, Inc. <i>North Charleston, SC</i>	Low income housing	(843) 744-1148	
Kings Crossing <i>Charleston, SC</i>	Low income/subsidized housing	(843) 577-0879	
Lowcountry Continuum of Care <i>Charleston, SC</i>	Emergency shelter, transitional housing, rapid re-housing, permanent supportive housing, prevention,	(843) 737-8357 Or Text: (843)732-0833	https://lowcountrycoc.org/
Marshside Village, Inc. <i>North Charleston, SC</i>	Senior low-income housing	(843) 747-6774	https://www.mercyhousing.org/southeast/
Mental Health America of South Carolina	Housing for the psychiatrically disabled	(803) 779-5363	http://www.mha-sc.org/index.html
North Central Apartments <i>Charleston, SC</i>	Low income housing	(843) 577-6730	
North Charleston Housing Authority	Property search	(843) 747-1793 (843) 553-6659 (Public Housing Program)	https://www.northcharlestonhousing.org/
Oakbrook Towers <i>Summerville, SC</i>	Senior low-income housing	(843) 871-6044	
Oakfield Apartments <i>North Charleston, SC</i>	Low income housing	(843) 797-3276	https://www.darbydevelopment.com/profile.asp?AID=22483
Origin SC - Housing Stability <i>North Charleston, SC</i>	Representative payee, veteran payee, voluntary agreement, homeless prevention	(843) 735-7802 (843) 574-8218 (Representative Payee) (843) 628-2115 (Conservator)	https://originsc.org/housing-stability/

		(843) 628-2301 (Rental Assistance)	
Orleans Gardens Apartment Homes <i>Charleston, SC</i>	Low income housing	(843) 556-4184	http://www.orleansgardens.org/
Palmetto Community Action Partnership <i>Charleston, SC</i>	Affordable housing, Permanent Housing Program, Mortgage Assistance, Rent Assistance	(843) 724-7353 (Affordable Housing) (843) 724-6760 ext. 518 (Permanent Housing) (843) 720-3718 (Mortgage Assistance) (844) 769-6448 (Rent Assistance)	http://www.palmettocap.org/index.html
Palmetto Place, Inc. <i>Summerville, SC</i>	Low-rent, subsidized apartment	(843) 832-8321	https://nhe-inc.com/properties/affordable/palmetto-place/
Pine Ridge Elderly Housing <i>Summerville, SC</i>	Senior low-income housing	(843) 875-1519	https://scaccess.communityos.org/zf/profile/agency/id/57712
Planters Retreat Apartments <i>Summerville, SC</i>	Housing vouchers accepted and low-income housing	(843) 832-6111	
Rutledge Place Apartments <i>Charleston, SC</i>	Senior low-income housing	(843) 534-0673	https://humanitiesfoundation.org/neighborhood/rutledge-place-apartments/
SC State Housing Finance & Development Authority	Homebuyer, homeowner, renter, and development resources	(803) 896-9001 (866) 701-0314	https://www.schousing.com/
Shady Grove Apartments <i>Charleston, SC</i>	Senior low-income housing	(843) 852-9965	
Sherman House <i>Charleston, SC</i>	Senior low-income housing	(843) 763-2242	https://theshermanhouse.org/
St. James Place (Charleston VOA) <i>James Island, SC</i>	Senior low-income housing	(843) 762-7585	https://www.voa.org/housing_properties/st-james-place
Stone Veteran's Pavillion @ C.M. Tucker Nursing Care Center <i>Columbia, SC</i>	Nursing home	(803) 737-5301 (803) 737-5300	https://scdmh.net/division-of-inpatient-services/department-of-mental-health-veterans-nursing-homes/
The Gardens at Montague Apartments <i>North Charleston, SC</i>	Affordable rental properties and low-income housing	(843) 745-9885	
Toward Local Care (TLC)	Residential and rehabilitative services: Homeshare (Adult Foster Care), Supervised Apartments, and Intensive Residential Programs	(843) 898-7172 (843) 661-4718	http://www.state.sc.us/dmh/consumer_tlc.htm
Waccamaw Center for Mental Health <i>Georgetown County</i>	Housing/Homeless outreach	(843) 546-6107	https://scdmh.net/waccamaw-community-mental-health-center/
Westover Apartments, Inc. (Mental Health America) <i>Charleston, SC</i>	Low income housing for people with a mental health disability	(843) 556-9582	

LGBTQ Resources

Alliance for Full Acceptance	Eliminate social prejudice based on sexual orientation	(843) 883-0343	https://www.affa-sc.org/
Charleston Area Transgender Support (CATS)	Transgender support group/resources		http://www.chasareatsupport.org/
Charleston Area Mpowerment Project	Group for gay, bi, and curious men (ages 18-30)	(843) 744-4062	http://champowerment.tripod.com/index.html
Gay, Lesbian, and Straight Education Network (GLSEN)	LGBTQ+ education and resources	(212) 727-0135	https://www.glsen.org/
Human Rights Campaign	Information and resources for LGBTQ+ community		https://www.hrc.org/
LGBT National Hotline (All ages)	Coming out issues, gender/sexual identities, relationship concerns, bullying, workplace issues, HIV/AIDS anxiety, safer sex information, suicide, and much more	(888) 843-4564	https://www.glbthotline.org/
LGBT National Senior Hotline (50 and above)	Coming out issues, gender/sexual identities, relationship concerns, bullying, workplace issues, HIV/AIDS anxiety, safer sex information, suicide, and much more	(888) 234-7243	https://www.glbthotline.org/
LGBT National Youth Hotline (Up to age 25)	Coming out issues, gender/sexual identities, relationship concerns, bullying, workplace issues, HIV/AIDS anxiety, safer sex information, suicide, and much more	(800) 246-7743	https://www.glbthotline.org/
Mental Health America - LGBTQ Communities	LGBTQ and Mental Health resources		https://www.mhanational.org/issues/lgbtq-communities-and-mental-health
Mental Health America - LGBTQ Youth	LGBTQ Youth bullying fact sheet and resources		https://www.mhanational.org/bullying-lgbt-youth
National LGBT Health Education Center	Educational programs, resources, and consultation to health care organizations for LGBTQIA+	(617) 927-6354	https://www.lgbthealtheducation.org/
National Queer and Trans Therapists of Color Network	Mental health for queer & trans people of color (QTPoc)		https://www.nqttcn.com/
Palmetto Community Care Charleston, SC	HIV/AIDS education and medical case management, support groups	(843) 747-2273 (877) 874-0230	http://palmettocommunitycare.org
SAGE Advocacy & Services for LGBT Elders	LGBT resources for elders	(212) 741-2247	https://www.sageusa.org/
SAGE National LGBT Elder Hotline	Hotline for LGBT older people	(877) 360-5428	https://www.sageusa.org/what-we-do/sage-national-lgbt-elder-hotline/#:~:text=If%20you%20are%20an%20LGBT,360%20DLG%20(5428).
South Carolina Equality Columbia, SC	LGBTQ resources	(803) 256-6500	http://www.equalmeaneveryone.org/

The Trevor Project for LGBTQ Youth	LGBTQ resources, suicide prevention, support center, hotline, chat, and text	(866) 488-7386 Text: "START" to 678-678	https://www.thetrevorproject.org/
Trans Lifeline	Support resources, blog, hotline (trans and questioning)	(877) 565-8860	https://www.translifeline.org/
We Are Family - Charleston	Peer discussion groups, Parentspace, GSA support, Queer Prom, Spirit Day, Trans Love Fund	(843) 637-9379	https://www.wearefamilycharleston.org/

Minority Resources

Asian American Psychological Association (AAPA)	Research, professional practice, education, and policy		https://aapaonline.org/
Asian & Pacific Islander American Health Forum	Weekly digital package (stories, resources, and tools)	(415) 954-9988 (202) 466-7772	https://www.apiahf.org/
Asian American Health Initiative	Health resources	(240) 777-4517	https://aahiinfo.org/aahi-resources/
Black Emotional and Mental Health (BEAM)	Mental health tool kits & education, videos, and resources		https://www.beam.community/
Dr. Ebony's My Therapy Cards	Therapy cards		https://www.mytherapycards.com/?r_done=1
Indian Country Child Trauma Center (ICCTC)	Training, technical assistance, program development and resources on trauma -informed care to tribal communities	(405) 271-8858	www.icctc.org
Indian Health Service	Behavior Health services in the AI/AN health care services	(301) 443-2038	www.ihs.gov
Indigenous Story Studio	Illustrations, posters, videos, and comic books on health and social issues for youth	(250) 898-1193	https://istorystudio.com/
Institute for Social Policy and Understanding	Educational mental health resources to Muslim American communities	(313) 436-0523	
Institute for Muslim Mental Health	Mental health resources		www.muslimmentalhealth.com
Latinx Therapy	Mental health podcasts, courses, and workshops		https://latinxtherapy.com/
Mental Health America - Asian American/Pacific Islander Communities	Mental health fact sheets and resources		https://www.mhanational.org/issues/asian-americanpacific-islander-communities-and-mental-health
Mental Health America - Black and African American Communities	Mental health fact sheets, history, and resources		https://www.mhanational.org/issues/black-and-african-american-communities-and-mental-health
Mental Health America - Black and African American Communities	Bipolar disorder information and resources		https://www.mhanational.org/bipolar-disorder-and-black-americans
Mental Health America - Black and African American Communities	Depression information and resources		https://www.mhanational.org/depression-black-americans
Mental Health America- Healthcare disparities	Information about healthcare disparities among black, indigenous, and people of color		https://www.mhanational.org/issues/healthcare-disparities-

			among-black-indigenous-and-people-color
Mental Health America - Latinx/Hispanic Communities	Spanish language mental health resources		https://www.mhanational.org/issues/latinxhispanic-communities-and-mental-health https://www.mhanational.org/latinxhispanic-communities-informacion-y-materiales-de-salud-mental-en-espanol
Mental Health America - Native and Indigenous Communities	Mental health fact sheets and resources		https://www.mhanational.org/issues/native-and-indigenous-communities-and-mental-health
Mental Health America - Racial Trauma	Racial trauma information and resources		https://www.mhanational.org/racial-trauma
Muslim Wellness Foundation (MWF)	Aims to destigmatize mental health conditions in the Muslim community		
One Sky Center - The American Indian/Alaska Native National Resource Center for Health, Education, and Research	Mental health and substance use resources and suicide prevention guide	(503) 418-1771	http://www.oneskycenter.org/
Psychology Today - Native American	Native American therapist directory		https://www.psychologytoday.com/us/therapists/native-american
The Boris Lawrence Henson Foundation	Mental health resources		https://borislhensonfoundation.org/
The Focus on You	Self-care, mental health and inspirational blog by a Latina therapist		http://thefocusonyou.com/
The Loveland Foundation	Financial assistance to Black women and girls seeking therapy		https://thelovelandfoundation.org/
Therapy for Black Girls	Encourages mental wellness of black women and girls; referral tool to find a therapist in your area		https://therapyforblackgirls.com/
Therapy for Black Men	Therapist directory, mental health resources and stories		https://therapyforblackmen.org/
Therapy for Latinx	Therapist directory		https://www.therapyforlatinx.com/
WeRNative	Health resources for Native youth		https://www.wernative.org/

Legal Resources

ACLU			https://www.aclusc.org/en/seeking-legal-help-aclu
American Bar Association	Virtual legal advice clinic (non-criminal)		https://sc.freelegalanswers.org/
Charleston County Mental Health Court	Defendants arrested for misdemeanor and non-violent felony offenses	(843) 958-5180 (843) 958-5186	https://www.charlestoncounty.org/departments/probate/mental-health-court.php
Charleston Legal Access	Sliding-scale law firm	(843) 640-5980	https://www.charlestonlegalaccess.org/

Charleston Pro Bono Legal Services	Family law, life planning, housing, consumer issues, public benefits	(843) 853-6456	www.charlestonprobono.org
The Innocence Project			(https://innocenceproject.org/contact/)
Law Help	Helps low-income families solve legal problems		https://www.lawhelp.org/sc/issues
Lowcountry Legal Help			https://lowcountrylegalvolunteers.org/
Probate Court <i>Berkeley County</i>	Estates, marriage licenses, mental health, alcohol and drug addiction, guardians, conservators, and minor settlements	(843) 723-3800 ext. 4519 (Charleston) (843) 719-4519 (Moncks Corner) (843) 567-3136 ext. 4519 (St. Stephen)	https://berkeleycountysc.gov/dep/probate/
Probate Court <i>Charleston County</i>	Probating estates, disputes in estates and trusts, involuntary commitments for alcohol/drug abuse and/or mental illness, obtaining marriage licenses, appointing and supervising guardians and conservators, and approving minor and wrongful death settlements	(843) 958-5186 (843) 958-5183	https://www.charlestoncounty.org/departments/probate/index.php
Probate Court <i>Dorchester County</i>	Commitment, estate, marriage license, therapeutic	(843) 563-5785	https://www.dorchestercountysc.gov/government/courts-judicial-services/probate-court
Probate Court <i>Georgetown County</i>	Probating estates, resolving disputes in estates and trusts, handling involuntary commitments for chemical dependency and/or mental illness, obtaining marriage licenses, appointing, and supervising guardians and conservators, and approving minor and wrongful death settlements	(843) 545-3274	http://www.georgetowncountysc.org/probate_court/
Protection & Advocacy for People with Disabilities	Information & referrals, training, abuse & neglect investigation, legal representation, and advocacy for change	(866) 275-7273 (803) 782-0639 (Local) (866) 232-4525 (TTY)	https://www.pandasc.org/
South Carolina Legal Services (SCLS) <i>North Charleston, SC</i> <i>Columbia, SC</i>	Consumer/finance, education, elder law, employment, family, health, housing, income maintenance/public benefits, immigration/migrant, tax	(888) 346-5592 (803) 744-9430 (Columbia)	https://sclegal.org/
The Judge David L. Bazelon Center for Mental Health Law	Advocate for the civil rights, full inclusion and equality of adults and children with mental disabilities	(202) 467-5730	http://www.bazelon.org/

Publications - Blogs, Magazines, Online Forums, & Websites for Various Diagnosis

Anxiety and Depression Association of America (ADAA)	Prevention, treatment, and cure of anxiety, depression, OCD, PTSD, and co-occurring disorders	(240) 485-1001	https://adaa.org/
Better Mental Health Magazine	Professional information, current news relevant to mental health management, improvement, and overall wellbeing		https://bhmhmag.com/
Beyond OCD	Educate and support with OCD, their family members, and their treatment professionals	(800) 950-6264 (NAMI -- USA)	https://beyondocd.org/
Bipolar Significant Others	Support spouses, families, friends, and other loved ones of those who suffer from bipolar disorder		http://www.bpsso.org/
Borderline Personality Disorder	Resources for families and people in recovery education and training for professionals	(888) 694-2273	https://www.borderlinepersonalitydisorder.org/
Borderline Personality Disorder - Demystified	BPD resources, news, treatment		http://www.bpddemystified.com/
Borderline Personality Disorder - Treatment and Research Advancements	BPD resources, family help, help for BPD sufferers	(212) 966-6514 (888) 4-TARABPD (Helpline)	http://www.tara4bpd.org/
BP Hope (Bipolar) - Magazine/Digital	Bipolar disorder symptoms, treatment, relationships, videos, blog & video, news		https://www.bphope.com/
Brain & Behavior Research Foundation	Scientific research to help improve the lives of the mentally ill	(646) 681-4888 (800) 829-8289	https://www.bbrfoundation.org/
CHADD (National Resource on ADHD)	Information on ADHD, support group for families and individuals affected by ADHD, advocate for public policies and public recognition in response to needs faced by families and individuals with ADHD	(301) 306-7070 (866) 200-8098	https://chadd.org/
Depression and Bipolar Support Alliance (DBSA)	education, tools, peer support, inspiring stories	(800) 826-3632	https://www.dbsalliance.org/
Dual Recovery Anonymous (Dual Diagnosis)	Twelve step, self-help membership for people with a dual diagnosis	(913) 991-2703	http://www.draonline.org/
Families for Depression Awareness	Help families recognize and cope with depression and bipolar disorder to get people well and prevent suicides with education, training, and support	(781) 890-0220	https://www.familyaware.org/
Healthy Minds with Dr. Jeffery Bornstein (TV Show)	Remove the stigma of mental illness and demonstrate that with help, there is hope		https://www.pbs.org/show/healthy-minds-with-dr-jeffrey-bornstein/
International OCD Foundation	Information about OCD, related disorders, and treatment	(617) 973-5801	https://iocdf.org/

National Alliance for Borderline Personality Disorder	Information about BPD, family resources		https://www.borderlinepersonalitydisorder.org/
National Alliance for Posttraumatic Stress Disorder	Information about PTSD, friends and family resources		http://www.ptsdalliance.org/#:~:text=PTSD%20Alliance%20is%20an%20association,families%2C%20and%20the%20general%20public.
National Center for PTSD	Information about PTSD, treatment options, friends & family resources	(800) 273-8255	https://www.ptsd.va.gov/
Psych Central	Information about various mental health disorders		https://psychcentral.com/
Psychology Today Magazine	Find therapist service, magazine, information about various mental health disorders		https://www.psychologytoday.com/us
Schizophrenia	Information about Schizophrenia		http://schizophrenia.com/
Schizophrenia and Related Disorders Alliance of America (SARDA)	Improve lives of people with schizophrenia and related disorders	(800) 493-2094	https://sardaa.org/
Substance Abuse and Mental Health Services Administration (SAMHSA)	Information on treatment options	(800) 662-4357	https://www.samhsa.gov/

Research: Diagnosis, Treatment Options & Finding Treatment

American Psychiatric Association	Information about psychiatrists and mental health disorders	(888) 357-7924 (800) 368-5777 (202) 559-3900	https://www.psychiatry.org/
American Psychological Association	Information about psychology and resources	(800) 374-2721 (202) 336-5500	https://www.apa.org/
Fettering Healthcare Network-Berkeley, Charleston, Dorchester	Fetter Health Care Network offers more than 20 locations throughout Berkeley, Charleston, Colleton, and Dorchester counties, including both seasonal and non-seasonal locations found in the map below. Must call or come into the office to schedule an appointment.	843-722-4122	https://www.fetterhealthcare.org/
GeneSight (Psychotropic Medication DNA testing)	DNA medical testing to help healthcare providers develop an individualized treatment plan for their patients	(866) 260-2394	https://genesight.com/
Genomind (Psychotropic Medication DNA testing)	DNA medical testing to help healthcare providers develop an individualized treatment plan for their patients	(877) 895-8658	https://www.genomind.com/
Mental Health America	Online Mental Health Test		https://screening.mhanational.org/screening-tools
Mental Health America-Tools 2 Thrive	Mental Health Tools		https://www.mhanational.org/2020toolkit

Mental Health Research Network	Mental health research		http://hcsrn.org/mhrn/en/
NAMI	Ensure that people affected by mental health conditions, the individual and their families, have access to the most current information regarding mental health conditions and their treatments.	(800) 950-6264	https://www.nami.org/Home
National Institute of Mental Health (NIMH)	Understanding, treating, and preventing mental illnesses through basic research on the brain and behavior	(866) 615-6464 (301) 443-8431 (TTY) (866) 415-8051 (TTY - Toll-free)	https://www.nimh.nih.gov/index.shtml
Psychology Today	Lists counselors, psychiatrists, support groups, and treatment centers searchable by zip code		https://www.psychologytoday.com/us
SAMHSA Treatment Referral Helpline	Individuals and family members facing mental and/or substance use disorders. Referrals to local treatment facilities, support groups, and community-based organizations	(800) 662-4357	https://www.samhsa.gov/find-help/national-helpline
South Carolina Psychiatric Association	Psychiatrist directory, legislative updates	(803) 540-7500	http://scpsych.org/home/
South Carolina Psychological Association	Therapist directory	(803) 820-0403	http://scpsychologists.net/
The Center for the Drug and Alcohol Programs	Conducts clinical trials in substance abuse	(843) 792-5200	https://muschealth.org/medical-services/psychiatry/cdap
World Health Organization	Mental health evidence and research		https://www.who.int/mental_health/evidence/en/

Spanish-Speaking Services

Charleston Dorchester Mental Health Center	Adolescent, Children, Adult & Family, Emergency, Tri-County Crisis Stabilization, Outpatient Therapy (Individual, Group, and Family Counsel, Psychiatry & Med Clinic,	(844) 698-1960 (Code: 2485)	https://www.charlestdorchestermh.org/
Coastal Empire Mental Health Center	Adolescent, Adult & Family	(843) 524-8899 (Option 2)	https://scdmh.net/cecmhc/
Job Accomodation Network	Employment resources	(800) 526-7234	https://askjan.org/espanol/espanol.cfm
Mental Health America - Tools 2 Thrive	Mental health tools		https://www.mhanational.org/get-involved/descarga-herramientas-para-prosperar-en-espanol
National Alliance on Mental Illness (NAMI)	Mental health resources	(800) 950-6264	https://www.nami.org/home
National Institute of Mental Health	Mental health resources	(866) 615-6464	https://www.nimh.nih.gov/health/publications/espanol/spanish-listing.shtml
National Library of Medicine	Health information	(888) 346-3656	https://medlineplus.gov/spanish/mentaldisorders.html

PASOs (Berkeley, Beaufort, Dorchester, Charleston, Jasper)	Education, advocacy, and leadership development	(803) 777-0188	https://www.scpasos.org/
South Carolina Department of Mental Health	Mental health centers/clinics and other inpatient services	(855) 446-6941 (Code:8581)	https://scdmh.net/8724-2/
South Carolina Hispanic Outreach	Financial stability and healthy lifestyles	(803) 419-5112	http://www.schispanicoutreach.org/home.html
South Carolina Primary Health Care Association	Health centers	(803) 788-2778	https://www.scphca.org/
Waccamaw Center for Mental Health	Adolescent, Adult & Family	(843) 347-4888	https://scdmh.net/waccamaw-community-mental-health-center/

Support Services

Al-Anon & Alateen Family Groups of South Carolina	Support groups	(888) 425-2666 (Toll-free) (843) 732-6999 (Charleston)	https://www.al-anon-sc.org/
Alcoholics Anonymous of South Carolina	Support groups		http://www.area62.org/
Celebrate Recovery	Christ-Centered 12 Step program		https://www.celebraterecovery.com/
Clubhouses of Mental Health America of South Carolina	Treatment program for adults diagnosed with mental illness	(843) 974-4686	https://mhasclubhouses.wordpress.com/about-our-place/
Co-Dependents Anonymous	Support groups	(888) 444-2359	https://coda.org/
Fresh Hope for Mental Health	Christian mental health online support group		http://www.freshhopemeeting.com/
Genesight (Psychotropic drugs DNA testing)		(866) 260-2394	https://genesight.com/
Homeless Period Project	Free feminine hygiene products to homeless shelters, churches, and schools	(843)695-7088	https://www.homelessperiodproject.org/
Mental Health America of Georgetown County	Advocacy and education about mental health	(843) 264-6666	http://www.mha-sc.org/
NAMI Charleston Area	Support groups	(843) 870-6506	https://namicharlestonarea.org/
NAMI SC Helpline	Crisis support	(800) 788-5131	https://namisc.org/
Needy Meds	Medication assistance	(800) 503-6897	https://www.needymeds.org/
Psych Central	Online forum		https://psychcentral.com/
Rx Assist	Medication assistance		https://www.rxassist.org/
SC Share	Peer support	(803) 739-5712	https://www.scshare.com/
SMART Recovery	Online support group (Addiction)		http://www.smartrecovery.org/srol-2/
Survivors of Suicide - Charleston	Support group	(843) 693-1343	
The B Team	Parent support group of behaviorally challenging kids		https://www.facebook.com/groups/TheBTeamLITB/ https://www.livesinthebalance.org/walking-tour-parents

Wellness Recovery Action Plan (WRAP)	Prevention and wellness process	(978) 261-1400 (978) 261-1444	https://mentalhealthrecovery.com/
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Veteran Resources

America's Vet Dogs	Provides service dogs (at no cost) to veterans, active-duty service members who are living with disability caused by PTSD	(866) 838-3647	www.vetdogs.org
Berkeley County Veterans Affairs <i>Goose Creek, SC</i>	Assist with admission to Veterans Hospitals and nursing home care facilities	(843) 719-4023 (Moncks Corner) (843) 377-8506 (Charleston)	https://berkeleycountysc.gov/dep/veterans/
Carolina Homeless Veterans <i>Charleston, SC</i>	Supportive services and transitional housing for homeless veterans	(843) 795-8780	
Charleston Vet Center <i>North Charleston, SC</i>	Primary care and mental health services	(843) 789-7000	https://www.va.gov/directory/guide/facility.asp?ID=411
Communities Helping and Empowering Patriots (CHEP)	Veteran housing sites	(410) 642-1857	http://www.chepinc.org/veteran-housing/
VA Community Resource and Referral Center (CCRC) <i>North Charleston, SC</i>	Health and mental health care, permanent housing, career development and access to VA and non-VA benefits	(843) 789-6804	https://www.va.gov/HOMELES/S/Crrc.asp
Give an Hour	Mental health counseling		https://giveanhour.org/
Good Neighbor Center <i>Charleston, SC</i>	Transitional housing for veterans	(843) 566-1878	
Goose Creek VA Clinic <i>Goose Creek, SC</i>	Primary care and mental health services	(843) 577-5011 Ext. 3100	https://www.charleston.va.gov/locations/Goose_Creek_Clinic.asp
Military and Family Readiness Center <i>Charleston AFB, SC</i>	Financial management and support, veteran reintegration counseling, specialized referrals for military service members and veterans	(843) 963-8883	https://jbcmf.com/
Myrtle Beach Community Based Outpatient Clinic	Department of Veteran Affairs Outpatient Clinic for military veterans.	(843) 477-0177	https://www.charleston.va.gov/locations/Myrtle_Beach.asp
National Center for PTSD	Combat and non-combat related PTSD resources	(802) 296-6300	www.ptsd.va.gov
National Coalition for Homeless Veterans	Resources for homeless veterans	(202)546-1969 (800) VET-HELP (Toll-free)	http://nchv.org/
National Resource Directory	Database of resources for service members, veterans, family members, and caregivers		https://nrd.gov/
Naval Health Clinic Charleston <i>Goose Creek, SC</i>	Medical services for Navy sailors, veterans, and their families	(843) 794-6000	https://www.med.navy.mil/sites/chas/Pages/Home.aspx
Navy - Marine Corps Relief Society <i>Goose Creek, SC</i>	Financial assistance and counseling, education assistance, budget for baby, emergency travel, disaster relief	(843) 794-7662 (843) 794-4175	https://www.nmcers.org/location/s/entry/charleston

One80 Place <i>Charleston, SC</i>	Housing assistance	(843) 212-8668 (Charleston)	https://one80place.org/veterans/
Palmetto Warrior Connection <i>North Charleston, SC</i>	Provides resources for veterans and their family members	(843) 414-9736	http://palmettowarriorconnection.org/
Patriot Villas <i>North Charleston, SC</i>	Veteran housing	(843) 297-4578	
Ralph H. Johnson VA Medical Center <i>Charleston, SC</i>	Medical hospital	(843) 577-5011 (888) 878-6884	https://www.charleston.va.gov/index.asp
Real Warriors	Resources for active duty service members, veterans, and family members	(800) 273-8555, press 1 (877) 927-8387 (Veteran) (866) 966-1020 (Family member)	https://www.realwarriors.net/
Social Security Administration	Social Security resources for Veterans		https://www.ssa.gov/people/veterans/
The Soldiers Project	Psychological services for military service members and their loved ones	(877) 576-5343	https://www.thesoldiersproject.org/
Three Rivers - Trauma Recovery Treatment	Partial Hospitalization Program	(803) 796-9911	https://threeriversbehavioral.org/programs-services/military-first-responders/
Trident 2 VA Clinic <i>North Charleston</i>	Mental health services (PTSD, depression, anxiety and psychotic disorders)	(843) 789-6975	https://www.charleston.va.gov/locations/TridentSpecialty.asp
U.S. Department of Veterans Affairs - Moving Forward	Online educational and life coaching program for veterans, service members, and their families		https://www.veterantraining.va.gov/movingforward/
Veterans Crisis Line	Provides local resources to military personnel and their families	(800) 273-8255 (Press 1) Text: 838255 (800) 799-4889 (Deaf and Hard of hearing)	https://www.veteranscrisisline.net/

Addiction/Substance Abuse

American Addiction Centers	Rehab facilities	(888) 477-5429	https://americanaddictioncenters.org/rehab-guide/alcohol-drug-hotline
Bradshaw Detox Crisis Intervention <i>Charleston, SC</i>	Rehabilitation & Detox intervention	(843)494-5494	https://bradshaw-detox-crisis-intervention.business.site/
Center for Behavioral Health <i>North Charleston, SC</i>	Methadone and Suboxone Treatment, Substance Abuse Assessment/Treatment	(843) 529-0700	http://centerforbehavioralhealth.com/treatment-center-south-carolina/
Charleston Center (Charleston County's Department of Alcohol and Other Drug Abuse Services (DAODAS))	Inpatient/Outpatient services, Alcohol and Drug Safety Action Program, Medication Assisted Treatment, Prevention/Education	(843) 958-3300 (843) 722-0100 (Emergency)	https://cc.charlestoncounty.org/

Charleston Recovery Center	Alcoholism and Drug Addiction recovery community	(843) 270-1588 (843) 263-9551 (843) 718-2780	http://charlestonrecoverycenter.com/home.html
Charleston Sober Living	Case management, sober coaching, sober companion, intervention, post rehabilitation support and care, vocational coach	(843) 427-0077	https://www.charlestonsoberliving.com/
Crossroads Treatment Centers North Charleston, SC	Opioid Use Disorder	(843) 207-4721	https://www.crossroadstreatmentcenters.com/methadone-locations/south-carolina/charleston/
Dorchester Alcohol and Drug Commission Summerville, SC	Intensive Outpatient, Substance Abuse Services, Prevention Services, Abuse, Court Related Services, Dorchester Counseling Services (Individual, Child, Family, and Relationship), Anger Management	(843) 871-4790	https://www.dadc.org/
Georgetown County Alcohol & Drug Abuse Commission Georgetown, SC	Substance abuse treatment services	(843) 546-6081	http://gcadac.net/
Harbor Moon Recovery Charleston, SC	Recovery program for men with alcohol and drug addiction	(843) 751-3100	https://harbormoonrecovery.com/
New Life Center	Alcohol and Drug Safety Action Program, Outpatient Services, Youth and Adolescent Services (ages 13-17), Prevention	(803) 943-2800 (Hampton) (843) 726-5996 (Jasper)	http://newlifecenteradc.org/
Phoenix Counseling Center, Inc. North Charleston, SC West Ashley, SC	Alcohol and Drug Education, Counseling and Relapse Prevention	(843)553-9900	http://phoenixcounseling.tripod.com/index.htm
Positive Feedback Professional Counseling Associates North Charleston, SC	Outpatient professional counseling in substance abuse, drug, and alcohol education classes	(843) 744-1447	http://positivefeedbackcounseling.net/6101.html
Sexaholics Anonymous	Support, information, and recovery literature	(866) 424-8777 (Toll-free) (615) 370-6062 (843) 732-0344 (Charleston) (803) 900-5329 (Columbia)	https://www.sa.org/
Sex and Love Addicts Anonymous	Support group, information, and recovery	(210) 828-7900	https://slaafws.org/
Sexual Addiction Anonymous (SAA)	Support group, information, and recovery	(800) 477-8191	https://saa-recovery.org/
Sexual Compulsives Anonymous (SCA)	Support group, information, and recovery	(800) 977-HEAL	https://sca-recovery.org/WP/

Sexual Recovery Anonymous	Support and education for recovery		https://sexualrecovery.org/
Shoreline Behavioral Health Services	Treatment for alcohol and substance use disorders	(843) 365-8884	https://shorelinebhs.org/
Tidewater Health Mt. Pleasant	Addiction Therapy	(843) 800-5686	https://www.tidewaterhealth.org/

Senior Resources

Active Day of Charleston <i>(Charleston, SC)</i>	Adult day care center	(888) 338-6898	https://www.activeday.com/
Active Day of Georgetown <i>Georgetown, SC</i>	Adult day care center	(843) 546-2055	https://www.activeday.com/
Active Day of Grand Strand <i>Myrtle Beach, SC</i>	Adult day care center	(843) 626-8501	https://www.activeday.com/
Active Day of the Lowcountry Goose Creek, SC	Adult day care center	(843) 553-1805	https://www.activeday.com/
Charleston Area Senior Citizens, Inc. Charleston, SC	Food Services, Ansonborough House, Senior Companion Program	(843) 722-4127	
Charleston Green Taxi	Senior Green Ride Program	(843) 819-0846	www.charlestongreentaxi.com
Club Horizons of Charleston <i>(North Charleston, SC)</i>	Adult day care center	(843) 992-2432	http://clubhorizonsc.com/
Custom Care Carriage	Transportation and more for handicap needs (wheelchair accessible van)	(843) 608-0788	-
Family Medical Transport Charleston, SC	Transportation Assistance	(843) 769-4280	
Institute on Aging	Crisis line/ non-emergency emotional support for people aged 60 years and older	(800) 971-0016	https://www.ioaging.org/services/all-inclusive-health-care/friendship-line
Lighthouse Behavioral Health Hospital	Acute senior adult program provides intensive psychiatric treatment and medical stabilization, dual diagnosis treatment for co-occurring	(843) 284-7207	https://lighthousebehavioral.com/

	chemical dependency and psychiatric disorders		
Medicaid Transportation	Transportation Assistance - Berkeley, Charleston, Dorchester counties	(866) 445-9954 (reservations) (866) 445-9964 (late or missing ride)	
MedTrust Medical Transport, LLC <i>Charleston, SC</i>	Private Ambulance Company	(843) 284-6331	
MUSC Elder Abuse Training and Treatment Program <i>Charleston, SC</i>	Offers mental health treatment for older adults who have experienced abuse or trauma at any point in their life. All services are free. Contact Theresa Skojec.	(843) 284-6628 skoject@musc.edu	
National Council on Aging	Behavioral health webinars, programs, and resources	(571) 527-3900	https://www.ncoa.org/center-for-healthy-aging/behavioral-health/
Palmetto Lowcountry Behavioral Health <i>Charleston, SC</i>	Treat seniors with mental health and co-occurring disorders	(843) 747-5830 (877) 947-3223	
Personal Care Ambulance <i>Charleston, SC</i>	Ambulance service	(877) 763-1222	
Ride it Out <i>Mt. Pleasant, SC</i>	Senior and Assisted Living Transportation	(843) 849 -7433	
Tricounty Link <i>Moncks Corner, SC</i>	Transportation assistance	(800) 966-6631 (843) 889-4096	
Trident Area Agency on Aging <i>North Charleston, SC</i>	Assistance, Advocacy, Answers on Aging, Advocate on behalf of older adults - local Aging and Disability Resource Center	(843) 554-2275 (800) 894-0415	www.tridentaaa.org

Clinical trials are very important in mental health research

They represent the final stage of testing new treatments, like medications or psychotherapies. In these trials, a treatment is often compared to a placebo or different treatment. A participant will usually be “randomized” to receive either the new treatment or a placebo. Because of this randomization, the participant might receive therapeutic benefit, or they might not. However, every clinical trial contributes to advancing scientific knowledge and helping people in the future.

Before you participate in a clinical trial or scientific study, make sure you can answer the following questions:

1. What is the trial/study about?
2. What will you be asked to do?
3. What risks might you face?
4. Has an Institutional Review Board (a group of scientists, doctors, clergy, and patient advocates that review and approve the detailed plan for every clinical trial) approved the study?
5. Whom do you contact with questions, concerns, or problems?
6. Will you be informed about the progress and results of the study?

Remember that all participation in research is voluntary, and not considered part of your treatment plan.

Clinical Trials/Studies

Antidote	Connecting people to specific clinical trial studies in which they want to participate in		https://antidote.me/match/search/questions/1?utm_source=nami_org&utm_medium=research&utm_campaign=unisearch
Roper St. Francis Research and Innovation Center (Depression Assessment)	Depression and mood disorder research	(843) 724-2302	https://www.rsfh.com/research/depression
South Carolina Research Studies Directory	Clinical trials in South Carolina for children and adults	(843) 792-8300	http://scresearch.org/

Long-Term Research Studies

Although there are countless valuable research studies and clinical trials in progress at any moment, NAMI would like to highlight a few that are particularly valuable to our members and the mental health advocacy community.

All Of Us Research Program	Historic effort to gather health, environment, and genetic data from one million or more volunteers living in the United States. Rather than focusing on one population or one health condition, All of Us will create a diverse body of information allowing researchers to conduct creative studies on mental and physical health.	https://www.joinallofus.org/
Harvard Brain Tissue Resource Center	Collects human brain tissue for research. When a person with a psychiatric or neurological condition chooses to donate brain tissue after their death, researchers can conduct incredibly valuable genetic, molecular, and genetic studies.	https://hbtrc.mclean.harvard.edu/about/