

IS YOUR LOVED ONE SUFFERING FROM A MENTAL ILLNESS ?



The National Alliance on Mental Illness (NAMI) understands that depression, schizophrenia, bi-polar illness, and other disorders can challenge families.

FREE HELP IS AVAILABLE:

The NAMI *Family to Family* Program

WHAT: A free, 12 week educational course for family members and friends of those with a serious mental illness. The course is instructed by trained NAMI family members.

WHEN: Tuesday evenings, beginning Aug. 27, 2019
6:00pm - 8:30pm Course ends Nov. 12, 2019

WHERE: **MUSC, Institute of Psychiatry**, 5 North #526 Classroom,
67 President Street in downtown Charleston.

HOW: Contact Pam Frost at (614)-570-6109, or by email at
pfrost7lds@gmail.com

FREE: **Must pre-register.** No Registration Fee. A notebook
and all materials provided by NAMI.

