

IS YOUR LOVED ONE SUFFERING FROM A MENTAL ILLNESS ?



The National Alliance on Mental Illness (NAMI) understands that depression, schizophrenia, bipolar illness, and other disorders can challenge families.

FREE HELP IS AVAILABLE: The NAMI *Family to Family* Program

- WHAT:** A free, 12 week educational course for family members and friends of those with a serious mental illness. The course is instructed by trained NAMI family members.
- WHEN:** Wednesday evenings, beginning Mar. 21th, 2018
Course ends May 30, 2018. 6PM - 8:30PM
- WHERE:** [MUSC, Institute of Psychiatry](#), 5 North #526 Classroom, 67 President Street in downtown Charleston.
- HOW:** Contact Pam Frost: (614)-570-6109 or by email at: pfrost7lds@gmail.com
- FREE:** [Must pre-register](#). No Registration Fee. A notebook and all materials provided by NAMI.

