



National Alliance on Mental Illness

NAMI

Charleston Area

DECEMBER, 2017

www.namicharlestonarea.org

<http://www.facebook.com/namicharleston>

Meetings and Events Schedule

NAMI Board Meeting

First Tuesday of the Month

Support: 6:00 PM December 5th.

Consumer and family member support groups meet. (Fellowship Hall beside the church)

Moncks Corner Baptist Church
500 E. Main Street, Moncks Corner

First Thursday of the Month

Support: 6:00 PM December 7th.

Family Support Group: Nursery Room 11

Connections: Nursery Room 12

Seacoast Church
750 Long Point Road, Mt. Pleasant

Enter from Long Point Road

Fourth Thursday of the Month

NAMI Connections Support Group
December 28th: 3:00-4:00pm

Berkeley Mental Health Center
403 Stoney Landing Road
Moncks Corner, SC 29461

Board meeting will be held on Monday
Dec. 4th at 6:00 PM @ Seacoast Church

Second Monday of the Month

The second Monday support groups will not meet on Dec. 11th at the Seacoast Church but instead meet before the Annual NAMI Christmas party on Dec. 14th at the Charleston Mental Health Clinic at 6:00 PM.

SUPPORT: December 14th, 6:00 PM

PARTY: 7:00

Charleston Mental Health Clinic: 2100
Charlie Hall Blvd, West Ashley

For more information on the NAMI
Christmas party please see flyer on page 3.

Third Monday of the Month

Support: 6:00 PM December 18th.

Consumer and family member support groups meet.

Bethany United Methodist Church
118 West Third South Street, Summerville

Call Eric at 843-872-5080 or e-mail at
<mailto:footsiemd@yahoo.com> for more info.

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Comments or suggestions for articles may be Sent to the editor at 1913 Sandcroft Drive 29407 or e-mail at pmjroddy@aol.com.

Website: www.namicharlestonarea.org
 Webmaster: Larry Debevec

NAMI Charleston Area Board of Directors

Officers

President	Eric Hansen
Vice President	Jane Wright
Treasurer	Robert Taylor
Secretary	Joan Gaetke

MYRTLE BEACH AREA FAMILY SUPPORT GROUP

First Thursday of the Month

Family Support: December 7th 6-8 PM

Our Lady Star of the Sea Catholic Church

1100 8th Avenue North
 North Myrtle Beach, SC 29582

Facilitators: Ken and Karen (843-281-0245)

AMAZON SMILE

NAMI Charleston AREA will receive a donation (0.5% of the purchase price of eligible items) when shopping with Amazon Smile and choosing NAMI Charleston Area as your charity of choice.

CHARLESTON AREA CRISIS INTERVENTION TRAINING DATES

Dec. 7 & 8: North Charleston Police Dept.

Dec. 14 & 15: Charleston County Sheriff's Office

CONGRATULATIONS TO DEBORAH BLALOCK ON RECENT PROMOTION!

Deborah Blalock, former Executive Director of the Charleston Dorchester Mental Health Center has been promoted to the position of Deputy Director, Community Services, with SCDMH. She will be supervising all of the 17 mental health centers in SC.

VOLUNTEER OPPORTUNITIES

NAMI Charleston Area needs more Family and Connections support group facilitators. Backup facilitators are always needed.

Moncks Corner Baptist Church: Two Family and one Connections facilitator.

Mt. Pleasant Seacoast Church: One Family and two Connections facilitators

Summerville's Bethany United Methodist Church: One Family and one Connections facilitator.

West Ashley Seacoast Church: One Family and two Connections facilitators.

ENDING THE SILENCE

On November 20th at Ashley Ridge High school 2,379 students attended the Ending the Silence program in seven assemblies. Seven students were brought to guidance that day for immediate counseling for suicidal issues.



Annual NAMI Charleston Christmas party!

When: Thursday, December 14, 2017

Time: Support at 6 pm, dinner at 7 pm

Where: Charleston Mental Health Clinic
2100 Charlie Hall Blvd.

West Ashley

Delicious turkey and ham dinner with all the trimmings

Gifts for all attendees

Please join us!

If possible please bring nonperishable canned foods for the
Dorchester clinic cupboard for the needy.



Are you a parent or caregiver of a child or young adult diagnosed or experiencing symptoms of a mental health condition?

We would love to hear from you!

**TRAIN TO BECOME A NAMI BASICS TEACHER!
JANUARY 15&16, 2018 - 9:00AM-5:00PM
1800 ST. JULIAN PLACE, 1ST FL.
COLUMBIA, SC 29204**

The NAMI Basics course covers:

- Managing crises, solving problems and communicating effectively;
- How to take care of yourself and handle stress;
- Developing the confidence and stamina to support your child with compassion;
- Advocating for your child's rights at school and in health care settings;
 - [Sample Record Keeping System](#)
 - [Muestra del sistema de registro de información](#)
- Learning about current treatments, including evidence-based therapies, medications and side effects.
- Gaining an overview of the public mental health care, school and juvenile justice systems and [supporting resources to help you navigate these systems](#).
- Understanding the challenges and impact of mental health conditions on your entire family.

LUNCH WILL BE PROVIDED



**For more information contact Deniece Chi at
(803) 261-0516
deniece.chi@namisc.org**



Charleston Area

Application for Membership Includes National, State, and Local Newsletters.

Please make check payable to **NAMI Charleston Area** and mail to the address shown below. **If you prefer you may utilize the secure website at www.nami.org.**

Please check one of the following: Individual/Family \$40.00 Open Door* \$4.00 Donation \$ _____

*Annual membership fee for individual/families/consumers with limited means.

I am a: Family member Sibling Parent New Member
 Consumer Spouse Professional Renewing Member

Name _____ Organization _____

Address _____

City/State/Zip _____

Home Phone (_____) _____ Work Phone (_____) _____

Email Address _____

Enclosed is my check in the amount of \$ _____



8112 Saveur Lane
North Charleston, SC 29406
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